

## **HOW TO BAKE WITH IT**

- > This flour, fortified with iron, calcium, and vitamin B, is ideal for all recipes calling for gluten free flour or a gluten free flour blend, including yeasted recipes.
- > To convert a recipe calling for all-purpose wheat flour to be gluten free, try our Gluten Free Measure for Measure Flour.

# **GLUTEN FREE SANDWICH BREAD RECIPE**

### YOU'LL NEED

- 3 CUPS KING ARTHUR GLUTEN FREE **ALL-PURPOSE FLOUR**
- **3** TABLESPOONS SUGAR
- 2 TEASPOONS INSTANT YEAST

**1**1/4 TEASPOONS SALT

# DIRECTIONS

- 1. MIX flour, sugar, yeast, salt, and xanthan gum in mixing bowl, or bowl of stand mixer. Whisk together milk, melted butter, and eggs. Using stand liquids, beating all the time. Scrape
- 2. LET RISE 1 hour in covered bowl. Scrape bottom and sides of bowl to deflate batter. Scoop batter into greased 8 1/2" by 4 1/2" loaf pan. Level with spatula or your wet fingers. Cover lightly with greased plastic wrap and set in warm place to rise until barely crowned over rim of pan, 45 to 60 minutes.
- 3. BAKE in preheated 350°F oven for 38 to 42 minutes, until golden brown. Remove from oven, turn out of pan, and cool on rack.

### 11/4 TEASPOONS XANTHAN GUM

- **4** TABLESPOONS MELTED BUTTER\*
- 1 CUP WARM MILK\*
- 3 LARGE EGGS

\*TO MAKE NON-DAIRY: REPLACE BUTTER WITH VEGAN BUTTER STICKS OR MARGARINE AND USE A NON-DAIRY MILK

mixer or hand electric mixer drizzle in bottom and sides of bowl, then beat at high speed for 3 minutes, until smooth



# MORE RECIPES ONLINE

Get inspired by our collection of gluten free recipes at KingArthurBaking.com



# **BAKING WITH JOY SINCE 1790**

Our gluten free mixes are carefully crafted to deliver the best-tasting baked goods using only simple, wholesome ingredients the way we bake every day in our kitchens.

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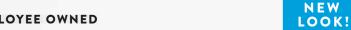
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### > 100% EMPLOYEE OWNED





# **GLUTEN FREE ALL-PURPOSE**

**FLOUR** 



NO **XANTHAN GUM** 





**GLUTEN FREE ALL-PURPOSE FLOUR** 

# **Nutrition Facts**

22 servings per container

Serving size 3 Tbsp (30g)

110 **Calories** % Daily Value Total Fat 0g Saturated Fat 0g 0% Trans Fat 0g Cholesterol Oma 0% Sodium 0mg 0% Total Carbohydrate 24g 9% Dietary Fiber 0g 0% Total Sugars 0g Includes 0g Added Sugars 0% rotein 1g Vitamin D 0mcg 0% Calcium 70mg 6% Iron 1.5mg 8% Potassium 30mg 0%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet 2 000 calories a day is used for general nutrition advice.

15%

8%

**INGREDIENTS: SPECIALTY FLOUR** BLEND (RICE FLOUR, TAPIOCA STARCH), POTATO STARCH, WHOLE GRAIN BROWN RICE FLOUR, VITAMIN AND MINERAL BLEND [CALCIUM CARBONATE, NIACINAMIDE (VITAMIN B3), REDUCED IRON, THIAMIN HYDROCHLORIDE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2)].

### DISTRIBUTED BY

Thiamin 0.19mg

Niacin 1.9mg

Riboflavin 0.11mg

KING ARTHUR BAKING COMPANY, INC. NORWICH, VERMONT 05055 800-827-6836 KingArthurBaking.com

**NON-DAIRY\*** 

Certified Gluten-Free by GFCO | GFCO.org

For information on allergens and cross-contact prevention, visit: KingArthurBaking.com/allergen-program

DO NOT EAT RAW FLOUR, DOUGH, OR BATTER.

**BEST IF BAKED BY:** 



