

# Instant Sourdough

A shortcut to sourdough-flavored bread, pancakes, waffles, and biscuits. Add 2 to 3 teaspoons instant sourdough flavor for each cup of flour in your recipe. Or, add 1 to 2 tablespoons to your sourdough bread recipe to give it extra zing! To keep your bread dough consistency correct, you may need to add an additional 1 to 2 tablespoons of liquid to your recipe.

## NET WT 12 OZ (340g)

King Arthur Baking Company, Inc. | Norwich, Vermont KingArthurBaking.com | 800-827-6836

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# Easy No-Knead Sourdough Flavor Bread

2 1/2 cups (298g) King Arthur Unbleached All-Purpose Flour

1/2 cup (57g) King Arthur Premium Whole Wheat Flour

3 tablespoons (18g) Instant Sourdough Flavor

1 teaspoon instant yeast

1 teaspoon salt

11/4 cups (284g) lukewarm water

Stir all ingredients vigorously in lidded 4-quart container, then knead briefly until dough comes together. Cover loosely and let rest 1 hour. Cover tightly and refrigerate overnight, or for up to 5 days.

Gently scoop dough onto lightly floured surface and shape into a ball. Place in lightly greased baking crock. Cover and let rise 30 to 90 minutes, until almost doubled.

Place covered crock in cold oven. Set temperature to 425°F and bake 45 minutes (counting from when you started the oven). Uncover and bake 10 to 15 minutes more, until golden brown and digital thermometer inserted into center reads 190°F. Cool completely on a rack.

Yield: 1 loaf.

## **Nutrition Facts**

56 servings per container Serving size 1 tbsp (6g)

Amount per serving
Calories 20

Calulies	20
% Daily Val	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.1mg	0%

<sup>\*</sup>The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### **INGREDIENTS: MALT**

Potassium 10mg

VINEGAR (MALTODEXTRIN, MALT VINEGAR), RYE SOURDOUGH (FERMENTED RYE FLOUR, SALT), CITRIC ACID.

#### CONTAINS: WHEAT.

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Produced on equipment that also processes eggs, milk, soy almonds, hazelnuts, pecans, walnuts, and coconut.

Store cool and dry.

DO NOT EAT RAW MIX, DOUGH, OR BATTER.

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