



# BLUEBERRY SOUR CREAM SCONE MIX

## BLUEBERRY SOUR CREAM SCONES

MAKES 8 SCONES

### YOU'LL NEED

- 1/2 TEASPOON SALT
- 1 STICK (8 TABLESPOONS) BUTTER, COLD; CUT INTO PATS
- 1 LARGE EGG
- 1/2 CUP MILK

### DIRECTIONS

- PREHEAT** oven to 400°F. Grease a baking sheet or line with parchment paper.
- COMBINE** mix and salt, then work in butter until crumbly. In a separate bowl, stir together egg and milk. Add to dry ingredients, stirring just until moistened. If needed, drizzle in another tablespoon of milk to make dough hold together.
- SCOOP** 1/3 cup of dough 2" apart onto baking sheet. Sprinkle with sparkling sugar, if desired. For triangle scones, pat dough on baking sheet into an 8" circle. Cut into 8 wedges, separating slightly.
- BAKE** for 14 to 16 minutes in upper third of oven, until light golden brown. Cool 5 minutes and glaze, if desired. Serve warm.

For guidelines on baking at high altitude, visit: [BakeWith.Us/Altitude](http://BakeWith.Us/Altitude)



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## BLUEBERRY SOUR CREAM SCONE MIX



WITH REAL  
SOUR  
CREAM

DELICIOUS  
FAST & EASY

NET WT 18 OZ (1 LB 2 OZ) 510g

SERVING  
SUGGESTION

### BLUEBERRY SOUR CREAM SCONE MIX

## Nutrition Facts

8 servings per container  
Serving size 1/2 cup mix (64g)

Calories	Mix		Prepared	
	% Daily Value*		% Daily Value*	
<b>240</b>		<b>350</b>		
<b>Total Fat</b>	2g	3%	14g	18%
Saturated Fat	1g	5%	8g	40%
Trans Fat	0g		0.5g	
<b>Cholesterol</b>	5mg	2%	60mg	20%
<b>Sodium</b>	160mg	7%	320mg	14%
<b>Total Carbohydrate</b>	49g	18%	50g	18%
Dietary Fiber	2g	7%	2g	7%
Total Sugars	19g		20g	
Incl. Added Sugars	13g	26%	13g	26%
<b>Protein</b>	6g		8g	
Vitamin D	0mcg	0%	0.3mcg	2%
Calcium	170mg	15%	200mg	15%
Iron	0.6mg	4%	0.7mg	4%
Potassium	140mg	2%	170mg	4%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** KING ARTHUR UNBLEACHED FLOUR (WHEAT FLOUR, ENZYME), CANE SUGAR, DRIED BLUEBERRIES (BLUEBERRIES, SUGAR), NONFAT MILK, SOUR CREAM (CULTURED CREAM, NONFAT MILK), BAKING POWDER (MONOCALCIUM PHOSPHATE, BAKING SODA, CORN STARCH), NATURAL FLAVOR.

**CONTAINS:** MILK, WHEAT.

**DISTRIBUTED BY**  
KING ARTHUR BAKING COMPANY, INC.  
NORWICH, VERMONT 05055  
800-827-6836 | [KingArthurBaking.com](http://KingArthurBaking.com)

For information on allergens and cross-contact prevention, visit: [KingArthurBaking.com/Allergen-Program](http://KingArthurBaking.com/Allergen-Program)

**DO NOT EAT RAW MIX, DOUGH, OR BATTER.**

### BLUEBERRY SOUR CREAM SCONE MIX

BEST IF BAKED BY:



[how2recycle.info](http://how2recycle.info)

400602



100% recycled fiber with a minimum of 35% post-consumer content.