

SCOTTISH TOASTING BREAD MIX

SCOTTISH TOASTING BREAD

MAKES 1 LOAF, 16 DINNER ROLLS, OR 12 SANDWICH ROLLS This box contains bread mix and yeast packet.

YOU'LL NEED



2 TABLESPOONS BUTTER, SOFTENED OR VEGETABLE OIL



1 CUP WATER, WARM



1 YEAST PACKET, INCLUDED

DIRECTIONS

- 1. COMBINE mix, butter or oil, water, and yeast. Mix and knead by hand or mixer for 5 to 10 minutes, adding more water if needed, 1 teaspoon at a time. Dough should be tacky to the touch, smooth and elastic, and spring back when touched lightly with a floured finger. Dough may also be made in a bread machine set on the dough cycle.
- 2. PLACE in a lightly greased bowl, turning to coat on all sides. Let rise, covered, for 1 to 2 hours, until puffy. Shape into a loaf and place in lightly greased 9" x 5" loaf pan. Cover and let rise 30 to 90 minutes, depending on warmth of kitchen, until crowned about 1" over rim of pan.
- 3. BAKE in preheated 350°F oven for 35 to 45 minutes, until golden brown. Cool completely on a rack.

BREAD MACHINE DIRECTIONS: Place ingredients into bucket, program for basic or white bread, 11/2-lb. loaf, light crust, and press start. After about 10 minutes of kneading, add additional water or flour as necessary to produce a smooth, soft dough. Allow machine to complete its cycle.

DINNER ROLLS:

Divide dough into 16 pieces and roll into balls. Place in lightly greased 9" x 13" pan or two 9" round pans. Cover and let rise until nearly doubled, about 40 minutes. Bake in preheated 350°F oven for 20 to 22 minutes, until golden brown.

For guidelines on baking at high altitude, visit: BakeWith.Us/Altitude

SANDWICH ROLLS:

Divide dough into 12 pieces and roll into balls. Place on greased baking sheet, flattening lightly. Cover and let rise until nearly doubled, about 40 minutes. Bake in preheated 350°F oven for 20 to 22 minutes, until golden brown.



BAKING WITH JOY SINCE 1790

Baking is about making something special and trusting that it'll turn out every time. That's why we craft our mixes using tried-and-true, favorite recipes that we've perfected over the years - it's what makes our mixes so good.









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Sourced non-GMO. Learn more at KingArthurBaking.com/GMO

> 100% EMPLOYEE OWNED



SCOTTISH TOASTING

BREAD MIX



NET WT 18.25 OZ (1 LB 2.25 OZ) 517g

WITH OATS & **BARLEY**

DERFECTLY **HEARTY TEXTURE**



MONOSTEARATE, ASCORBIC ACID. CONTAINS: MILK, WHEAT.

for general nutrition advice.

KING ARTHUR BAKING COMPANY, INC. NORWICH, VERMONT 05055 800-827-6836 | KingArthurBaking.com

SEA SALT. YEAST: YEAST, SORBITAN

For information on allergens and cross-contact prevention, visit: KingArthurBaking.com/Allergen-Program

DO NOT EAT RAW MIX, DOUGH, OR BATTER.

SCOTTISH TOASTING BREAD MIX

Nutrition Facts

140

190mg

29g

0mcg

30mg

0.7mg

*The % Daily Value tells you how much a nutrient in a serving

of food contributes to a daily diet. 2,000 calories a day is used

INGREDIENTS: BREAD MIX: KING ARTHUR

UNBLEACHED FLOUR (WHEAT FLOUR,

ENZYME), WHOLE OAT GROATS, WHOLE GRAIN BARLEY FLAKES, BROWN SUGAR,

WHO! F GRAIN OAT FLOUR, BUTTERMILK.

1/4 cup mix (40g)

0% 5mg

11% 29g

6% 3g

0% 0mcg

2% 40mg

4% 0.7mg

110mg 2% 110ma

7%

8% 190mg **8%**

2<u>g</u>

1% 2.5g

0% 1g

160

2%

11%

7%

6%

4%

13 servings per container

Serving size

Calories

Saturated Fat

Total Carbohydrate

Dietary Fiber

Total Sugars

Incl. Added Sugars

Trans Fat

Cholesterol

Sodium

Protein

Vitamin D

Calcium

Total Fat



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BEST IF BAKED BY: