






# APPLE CINNAMON MUFFIN & QUICK BREAD MIX

## APPLE CINNAMON MUFFINS

MAKES 12 MUFFINS, ONE 9" x 5" QUICK BREAD, OR 1 BUNDT-STYLE CAKE

### YOU'LL NEED

-  1/2 CUP OIL
-  2 LARGE EGGS
-  1 CUP MILK

### BAKE TIMES & TEMPS

QUICK BREAD	350°F	45-50 MINUTES
MUFFINS	350°F	18-20 MINUTES
BUNDT-STYLE CAKE	350°F	40-45 MINUTES

### DIRECTIONS

- PREHEAT** oven to 350°F. Grease a muffin pan, 9" x 5" loaf pan, or Bundt-style cake pan.
- WHISK** together oil, eggs, and milk. Add mix and stir until combined. Spoon batter into pan.
- BAKE** according to chart, until cake tester inserted in center comes out clean. Cool 10 minutes before removing from pan.

For guidelines on baking at high altitude, visit: [BakeWith.Us/Altitude](http://BakeWith.Us/Altitude)



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# APPLE CINNAMON MUFFIN & QUICK BREAD MIX

WITH REAL  
APPLES &  
BUTTERMILK

DELICIOUS  
FAST & EASY



NET WT 16.5 OZ (1 LB 0.5 OZ) 467g



SERVING SUGGESTION



### APPLE CINNAMON MUFFIN MUFFIN & QUICK BREAD MIX

BEST IF BAKED BY:



400580



100% recycled fiber with a minimum of 35% post-consumer content.

### APPLE CINNAMON MUFFIN & QUICK BREAD MIX

## Nutrition Facts

12 servings per container  
Serving size 1/4 cup mix (39g)

	Mix	Prepared
<b>Calories</b>	<b>140</b>	<b>250</b>
	% Daily Value*	% Daily Value*
<b>Total Fat</b>	1.5g 2%	12g 15%
Saturated Fat	1g 5%	2g 10%
Trans Fat	0g	0g
<b>Cholesterol</b>	0mg 0%	35mg 12%
<b>Sodium</b>	210mg 9%	230mg 10%
<b>Total Carbohydrate</b>	30g 11%	31g 11%
Dietary Fiber	3g 11%	3g 11%
Total Sugars	12g	13g
Incl. Added Sugars	9g 18%	9g 18%
<b>Protein</b>	3g	5g
Vitamin D	0mcg 0%	0.4mcg 2%
Calcium	90mg 6%	120mg 10%
Iron	0.9mg 6%	1.1mg 6%
Potassium	140mg 2%	180mg 4%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** KING ARTHUR WHITE WHOLE WHEAT FLOUR, CANE SUGAR, KING ARTHUR UNBLEACHED FLOUR (WHEAT FLOUR, ENZYME), APPLES, WHOLE WHEAT PASTRY FLOUR, CINNAMON FLAKES [SUGAR, VEGETABLE OIL (PALM, PALM KERNEL), CINNAMON, SUNFLOWER LECITHIN, WHEAT FLOUR]], WHOLE GRAIN ROLLED OATS, BUTTERMILK, BAKING POWDER (MONO-CALCIUM PHOSPHATE, BAKING SODA, CORN STARCH), MOLASSES (MOLASSES, MALTO-Dextrin), SEA SALT, CINNAMON, LEMON JUICE POWDER (MALTODEXTRIN, ORGANIC LEMON JUICE CONCENTRATE).

**CONTAINS:** MILK, WHEAT.

**DISTRIBUTED BY**  
KING ARTHUR BAKING COMPANY, INC.  
NORWICH, VERMONT 05055  
800-827-6836 | [KingArthurBaking.com](http://KingArthurBaking.com)

For information on allergens and cross-contact prevention, visit: [KingArthurBaking.com/Allergen-Program](http://KingArthurBaking.com/Allergen-Program)

**DO NOT EAT RAW MIX, DOUGH, OR BATTER.**