



APPLE CINNAMON MUFFIN & QUICK BREAD MIX

APPLE CINNAMON MUFFINS

BAKES 12 MUFFINS, ONE 9" x 5" QUICK BREAD, OR 1 BUNDT-STYLE CAKE

YOU'LL NEED

- 1/2 CUP OIL
- 2 LARGE EGGS
- 1 CUP MILK

BAKE TIMES & TEMPS

QUICK BREAD	350°F	45-50 MINUTES
MUFFINS	350°F	18-20 MINUTES
BUNDT-STYLE CAKE	350°F	40-45 MINUTES

DIRECTIONS

- PREHEAT** oven according to chart above. Grease a muffin pan, 9" x 5" loaf pan, or bundt-style pan.
- WHISK** together oil, eggs, and milk. Add mix and stir until combined. Spoon batter into pan.
- BAKE** according to chart, until cake tester inserted in center comes out clean. Cool 10 minutes before removing from pan.

For guidelines on baking at high altitude visit Bakewith.us/Altitude



BAKING WITH JOY SINCE 1790

Baking is about making something special, and trusting that it'll turn out every time. That's why we craft our mixes using tried-and-true, favorite recipes that we've perfected over the years — it's what makes our mixes so good.



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APPLE CINNAMON MUFFIN & QUICK BREAD MIX



WITH REAL
APPLES &
BUTTERMILK

DELICIOUS
FAST & EASY

NET WT 16.5 OZ (1 LB 0.5 OZ) 467g



SERVING SUGGESTION



APPLE CINNAMON MUFFIN & QUICK BREAD MIX

Nutrition Facts

12 servings per container
Serving size 1/4 cup mix (39g)

	Mix		Prepared	
		% Daily Value*		% Daily Value*
Calories	140		250	
Total Fat	1.5g	2%	12g	15%
Saturated Fat	1g	5%	2g	10%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	35mg	12%
Sodium	210mg	9%	230mg	10%
Total Carbohydrate	30g	11%	31g	11%
Dietary Fiber	3g	11%	3g	11%
Total Sugars	12g		13g	
Ind. Added Sugars	9g	18%	9g	18%
Protein	3g		5g	
Vitamin D	0mcg	0%	0.4mcg	2%
Calcium	90mg	6%	120mg	10%
Iron	0.9mg	6%	1.1mg	6%
Potassium	140mg	2%	180mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

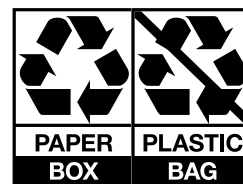
INGREDIENTS: KING ARTHUR WHITE WHOLE WHEAT FLOUR, CANE SUGAR, KING ARTHUR UNBLEACHED FLOUR (WHEAT FLOUR, ENZYME OR MALTED BARLEY FLOUR), APPLES, WHOLE WHEAT PASTRY FLOUR, CINNAMON FLAKES [SUGAR, VEGETABLE OIL (PALM, PALM KERNEL), CINNAMON, SUNFLOWER LECITHIN, WHEAT FLOUR], WHOLE GRAIN ROLLED OATS, BUTTERMILK, BAKING POWDER (MONO-CALCIUM PHOSPHATE, BAKING SODA, CORN STARCH), MOLASSES (MOLASSES, MALTO-DEXTRIN), SEA SALT, CINNAMON, LEMON JUICE POWDER (MALTODEXTRIN, ORGANIC LEMON JUICE CONCENTRATE).

CONTAINS: MILK, WHEAT.

KING ARTHUR BAKING COMPANY, INC.
NORWICH, VERMONT 05055
800-827-6836 | KingArthurBaking.com

For information on allergens and cross-contact prevention, visit: KingArthurBaking.com/allergen-program

DO NOT EAT RAW MIX, DOUGH, OR BATTER.



how2recycle.info

APPLE CINNAMON
MUFFIN & QUICK BREAD MIX
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BEST IF BAKED BY: