



LEMON POPPY SEED

WITH OTHER NATURAL FLAVORS

MUFFIN & QUICK BREAD MIX

LEMON POPPY SEED MUFFINS

MAKES 12 MUFFINS, ONE 9" x 5" QUICK BREAD, OR ONE BUNDT-STYLE CAKE

YOU'LL NEED

- 1/2 CUP (99g) OIL
- 2 LARGE EGGS
- 1 CUP (227g) MILK

BAKE TIMES

MUFFINS	18 TO 22 MINUTES
QUICK BREAD	45 TO 50 MINUTES
BUNDT-STYLE CAKE	45 TO 55 MINUTES

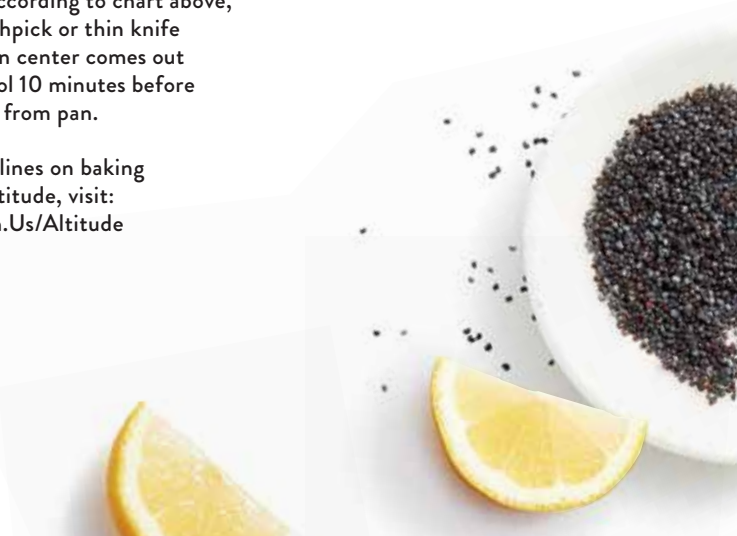
DIRECTIONS

- PREHEAT** oven to 350°F. Grease a muffin pan, 9" x 5" loaf pan, or Bundt-style pan.
- WHISK** together oil, eggs, and milk. Add the mix and stir until combined. Spoon batter into prepared pan.
- BAKE** according to chart above, until toothpick or thin knife inserted in center comes out clean. Cool 10 minutes before removing from pan.

For guidelines on baking at high altitude, visit: BakeWithUs.com/Altitude

EASY LEMON GLAZE:

Combine 1 1/2 cups (170g) of confectioners' sugar, 2 tablespoons (28g) of lemon juice, and 1 tablespoon (14g) of melted butter, stirring until smooth. Drizzle over warm muffins, loaf, or cake.



BAKING WITH JOY SINCE 1790

Better baking begins with better ingredients and a true commitment to quality. It's a belief rooted in tradition, shaped by generations of bakers, and carried forward with care. We're honored to be part of your kitchen, and every moment that rises from it.



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WITH OTHER NATURAL FLAVORS

MUFFIN & QUICK BREAD MIX



WITH REAL
POPPY SEEDS
& BUTTERMILK

DELICIOUS
FAST & EASY

NET WT 17 OZ (1 LB 1 OZ) 482g



SERVING SUGGESTION

LEMON POPPY SEED WITH OTHER NATURAL FLAVORS MUFFIN & QUICK BREAD MIX

Nutrition Facts

12 servings per container
Serving size 1/4 cup mix (40g)

Calories	Mix		Prepared	
	150		250	
	% Daily Value*		% Daily Value*	
Total Fat	1g	1%	11g	14%
Saturated Fat	0g	0%	1g	5%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	35mg	12%
Sodium	290mg	13%	310mg	13%
Total Carbohydrate	33g	12%	34g	12%
Dietary Fiber	1g	4%	1g	4%
Total Sugars	14g		15g	
Incl. Added Sugars	13g	26%	13g	26%
Protein	3g		5g	
Vitamin D	0mcg	0%	0.4mcg	2%
Calcium	40mg	4%	70mg	6%
Iron	0.4mg	2%	0.6mg	4%
Potassium	50mg	2%	90mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: KING ARTHUR UNBLEACHED FLOUR (WHEAT FLOUR, ENZYME), CANE SUGAR, LEMON JUICE POWDER (MALTO-DEXTRIN, ORGANIC LEMON JUICE CONCENTRATE), WHEAT STARCH, POPPY SEEDS, BUTTERMILK, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, BAKING SODA, CORN STARCH, MONOCALCIUM PHOSPHATE), NATURAL FLAVORS, SEA SALT.

CONTAINS: MILK, WHEAT.

DISTRIBUTED BY
KING ARTHUR BAKING COMPANY, INC.
NORWICH, VERMONT 05055
800-827-6836 | KingArthurBaking.com

For information on allergens and cross-contact prevention, visit: KingArthurBaking.com/Allergen-Program

DO NOT EAT RAW MIX, DOUGH, OR BATTER.

LEMON POPPY SEED MUFFIN & QUICK BREAD

BEST IF BAKED BY:



how2recycle.info



100% recycled fiber with a minimum of 35% post-consumer content.