



LEMON POPPY SEED




WITH OTHER NATURAL FLAVORS

MUFFIN & QUICK BREAD MIX

LEMON POPPY SEED MUFFINS

BAKES 12 MUFFINS, ONE 9" x 5" QUICK BREAD, OR 1 BUNDT-STYLE CAKE

YOU'LL NEED

-  ½ CUP OIL
-  2 LARGE EGGS
-  1 CUP MILK

BAKE TIMES & TEMPS

QUICK BREAD	350°F	45-55 MINUTES
MUFFINS	350°F	18-22 MINUTES
BUNDT-STYLE CAKE	350°F	45-50 MINUTES

DIRECTIONS

- PREHEAT** oven to 350°F. Grease a muffin pan, 9" x 5" loaf pan, or bundt-style pan.
- WHISK** together oil, eggs, and milk. Add mix and stir until combined. Spoon batter into pan.
- BAKE** according to chart, until cake tester inserted in center comes out clean. Cool 10 minutes before removing from pan.

For guidelines on baking at high altitude visit Bakewith.us/Altitude

EASY LEMON GLAZE:

Combine 1 1/2 cups of confectioners' sugar, 2 tablespoons of lemon juice, and 1 tablespoon of melted butter, stirring until smooth. Drizzle over warm muffins.



BAKING WITH JOY SINCE 1790

Baking is about making something special, and trusting that it'll turn out every time. That's why we craft our mixes using tried-and-true, favorite recipes that we've perfected over the years — it's what makes our mixes so good.



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> 100% EMPLOYEE OWNED



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MUFFIN & QUICK BREAD MIX



WITH REAL
POPPY SEEDS & BUTTERMILK

DELICIOUS
FAST & EASY

NET WT 17 OZ (1 LB 1 OZ) 482g



SERVING SUGGESTION

LEMON POPPY SEED WITH OTHER NATURAL FLAVORS MUFFIN & QUICK BREAD MIX

Nutrition Facts

12 servings per container
Serving size 1/4 cup mix (40g)

Calories	Mix		Prepared	
	% Daily Value*		% Daily Value*	
150		250		
Total Fat	1g	1%	11g	14%
Saturated Fat	0g	0%	1g	5%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	35mg	12%
Sodium	290mg	13%	310mg	13%
Total Carbohydrate	33g	12%	34g	12%
Dietary Fiber	1g	4%	1g	4%
Total Sugars	14g		15g	
Incl. Added Sugars	13g	26%	13g	26%
Protein	3g		5g	
Vitamin D	0mcg	0%	0.4mcg	2%
Calcium	40mg	4%	70mg	6%
Iron	0.4mg	2%	0.6mg	4%
Potassium	50mg	2%	90mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

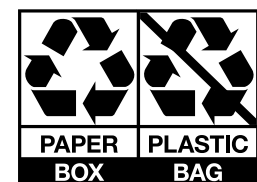
INGREDIENTS: KING ARTHUR UNBLEACHED FLOUR (WHEAT FLOUR, ENZYME OR MALTED BARLEY FLOUR), CANE SUGAR, LEMON JUICE POWDER (LEMON JUICE SOLIDS, MALTODEXTRIN, LEMON OIL), WHEAT STARCH, POPPY SEEDS, BUTTERMILK, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, BAKING SODA, CORN STARCH, MONOCALCIUM PHOSPHATE), NATURAL FLAVORS, SEA SALT.

CONTAINS: MILK, WHEAT.

KING ARTHUR BAKING COMPANY, INC.
NORWICH, VERMONT 05055
800-827-6836 | KingArthurBaking.com

For information on allergens and cross-contact prevention, visit: KingArthurBaking.com/allergen-program

DO NOT EAT RAW MIX, DOUGH, OR BATTER.



how2recycle.info

LEMON POPPY SEED MUFFIN & QUICK BREAD MIX
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BEST IF BAKED BY: