



PUMPKIN SPICE MUFFIN & QUICK BREAD MIX

PUMPKIN SPICE MUFFINS

BAKES 12 MUFFINS, 1 QUICK BREAD LOAF, OR 1 BUNDT-STYLE CAKE

YOU'LL NEED

- 1/2 CUP VEGETABLE OIL
- 2 LARGE EGGS

- 1 CUP WATER
- 1 CUP CHOCOLATE CHIPS OR NUTS, OPTIONAL

DIRECTIONS

- PREHEAT** oven to 350°F. Grease or line with paper liners 12-cup muffin pan
- WHISK** together oil, eggs, and water. Add mix and stir until combined. Fill muffin cups almost full.
- BAKE** for 18 to 22 minutes, until cake tester inserted in center of muffin comes out clean. Cool 5 minutes before removing from pan.

* To add a shimmering crunch to your muffins, sprinkle King Arthur Sparkling Sugar or a coarse non-melting sugar on top before baking.

For guidelines on baking at high altitude visit Bakewith.us/Altitude



BAKING WITH JOY SINCE 1790

Baking is about making something special, and trusting that it'll turn out every time. That's why we craft our mixes using tried-and-true, favorite recipes that we've perfected over the years — it's what makes our mixes so good.



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> 100% EMPLOYEE OWNED



PUMPKIN SPICE MUFFIN & QUICK BREAD MIX



SERVING SUGGESTION*

WITH REAL
PUMPKIN

DELICIOUS
FAST & EASY

NET WT 21 OZ (1 LB 5 OZ) 595g

PUMPKIN SPICE MUFFIN & QUICK BREAD MIX

Nutrition Facts

12 servings per container
Serving size 1/3 cup mix (50g)

Calories	Mix		Prepared	
	180	270		
	% Daily Value*	% Daily Value*		
Total Fat	0g	0%	11g	14%
Saturated Fat	0g	0%	1g	5%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	30mg	10%
Sodium	300mg	13%	310mg	13%
Total Carbohydrate	40g	15%	40g	15%
Dietary Fiber	2g	7%	2g	7%
Total Sugars	21g		21g	
Incl. Added Sugars	18g	36%	18g	36%
Protein	3g		4g	
Vitamin D	0mcg	0%	0.2mcg	2%
Calcium	130mg	10%	130mg	10%
Iron	1.7mg	10%	1.8mg	10%
Potassium	360mg	8%	370mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: KING ARTHUR UNBLEACHED FLOUR (WHEAT FLOUR, ENZYME OR MALTED BARLEY FLOUR), BROWN SUGAR, CANE SUGAR, PUMPKIN, MOLASSES (MOLASSES, MALTODEXTRIN), BUTTERMILK, BAKING POWDER (BAKING SODA, MONO-CALCIUM PHOSPHATE, CORNSTARCH), SPICES, SEA SALT, LEMON JUICE POWDER (MALTODEXTRIN, ORGANIC LEMON JUICE CONCENTRATE).

CONTAINS: MILK, WHEAT.

KING ARTHUR BAKING COMPANY, INC.
NORWICH, VERMONT 05055
800-827-6836 | KingArthurBaking.com

For information on allergens and cross-contact prevention, visit: KingArthurBaking.com/allergen-program

DO NOT EAT RAW MIX, DOUGH, OR BATTER.

BEST IF BAKED BY:



how2recycle.info

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