



# PUMPKIN SPICE MUFFIN & QUICK BREAD MIX

> 100% EMPLOYEE OWNED



## PUMPKIN SPICE MUFFIN & QUICK BREAD MIX



WITH REAL  
PUMPKIN

DELICIOUS  
FAST & EASY

SERVING  
SUGGESTION\*

NET WT 21 OZ (1 LB 5 OZ) 595g

### PUMPKIN SPICE MUFFIN & QUICK BREAD MIX

## Nutrition Facts

12 servings per container  
Serving size 1/3 cup mix (50g)

	Mix		Prepared	
Calories	180		270	
	% Daily Value*		% Daily Value*	
Total Fat	0g	0%	11g	14%
Saturated Fat	0g	0%	1g	5%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	30mg	10%
Sodium	300mg	13%	310mg	13%
Total Carbohydrate	40g	15%	40g	15%
Dietary Fiber	2g	7%	2g	7%
Total Sugars	21g		21g	
Incl. Added Sugars	18g	36%	18g	36%
Protein	3g		4g	
Vitamin D	0mcg	0%	0.2mcg	2%
Calcium	130mg	10%	130mg	10%
Iron	1.7mg	10%	1.8mg	10%
Potassium	360mg	8%	370mg	8%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** KING ARTHUR UNBLEACHED FLOUR (WHEAT FLOUR, ENZYME), BROWN SUGAR, CANE SUGAR, PUMPKIN, MOLASSES (MOLASSES, MALTODEXTRIN), BUTTERMILK, BAKING POWDER (BAKING SODA, MONO-CALCIUM PHOSPHATE, CORNSTARCH), SPICES, SEA SALT, LEMON JUICE POWDER (MALTODEXTRIN, ORGANIC LEMON JUICE CONCENTRATE).

**CONTAINS:** MILK, WHEAT.

**DISTRIBUTED BY**  
KING ARTHUR BAKING COMPANY, INC.  
NORWICH, VERMONT 05055  
800-827-6836 | KingArthurBaking.com

For information on allergens and cross-contact prevention, visit:  
KingArthurBaking.com/Allergen-Program

**DO NOT EAT RAW MIX, DOUGH, OR BATTER.**

## PUMPKIN SPICE MUFFINS

MAKES 12 MUFFINS, 1 QUICK BREAD LOAF, OR 1 BUNDT-STYLE CAKE

### YOU'LL NEED

- 1/2 CUP VEGETABLE OIL
- 2 LARGE EGGS
- 1 CUP WATER
- 1 CUP CHOCOLATE CHIPS OR NUTS, OPTIONAL

### DIRECTIONS

- PREHEAT** oven to 350°F. Grease or line with paper liners 12-cup muffin pan.
- WHISK** together oil, eggs, and water. Add mix and stir until combined. Fill muffin cups almost full.
- BAKE** for 18 to 22 minutes, until cake tester inserted in center of muffin comes out clean. Cool 5 minutes before removing from pan.

### FOR QUICK BREAD OR BUNDT-STYLE CAKE:

Preheat oven to 350°F. Whisk together 1 cup water, 3 large eggs, and 1/3 cup oil. Add mix and stir until combined. Spoon batter into greased 9" x 5" loaf pan or 9-cup Bundt-style pan. Bake for 50 to 60 minutes for quick bread or 40 to 45 minutes for cake, until cake tester inserted in center comes out clean. Cool 10 minutes before removing from pan.

\* To add a shimmering crunch to your muffins, sprinkle King Arthur Sparkling Sugar or a coarse non-melting sugar on top before baking.

For guidelines on baking at high altitude, visit:  
BakeWith.Us/Altitude



### BAKING WITH JOY SINCE 1790

Better baking begins with better ingredients and a true commitment to quality. It's a belief rooted in tradition, shaped by generations of bakers, and carried forward with care. We're honored to be part of your kitchen, and every moment that rises from it.



FOLLOW US!

@KingArthurBaking  
KingArthurBaking.com



**WE'RE HERE TO HELP.**

Call or chat online with our friendly bakers.

855-371-BAKE (2253)

KingArthurBaking.com/Bakers-Hotline



We're committed to using the power of business as a force for social and environmental good. Learn more at [BCorp.com](http://BCorp.com)



Sourced non-GMO. Learn more at [KingArthurBaking.com/GMO](http://KingArthurBaking.com/GMO)

### PUMPKIN SPICE MUFFIN & QUICK BREAD MIX

BEST IF BAKED BY:



how2recycle.info



100% recycled fiber with a minimum of 35% post-consumer content.