



VERMONT MAPLE PECAN MUFFIN MIX



OUR SIGNATURE RECIPES

MUFFIN MIX

Fast and easy! Wholesome and hearty muffins with real Vermont maple sugar and pecans in every bite.

MADE WITH VERMONT MAPLE SUGAR



NET WT 15 OZ (425g)



50%+ WHOLE GRAIN 11g or more per serving 50% OR MORE OF THE GRAIN IS WHOLE GRAIN

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VERMONT MAPLE PECAN MUFFINS

YOU'LL NEED

1/2 cup oil 2 large eggs 1 cup milk

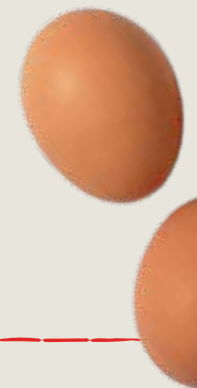


- PREHEAT** oven to 350°F.
- WHISK** together oil, eggs, and milk. Add mix and stir until combined.
- FILL** 12 greased or paper-lined muffin cups almost full.
- BAKE** for 18 to 22 minutes, until cake tester inserted in center of muffin comes out clean.
- COOL** 5 minutes before removing from pan.

BAKES 12 MUFFINS OR 1 QUICK BREAD

QUICK BREAD

Preheat oven to 350°F. Mix as directed above. Spoon batter into greased 9" x 5" loaf pan. Bake for 45 to 50 minutes, until cake tester inserted in center comes out clean. Cool 10 minutes before removing from pan.



BAKER'S TIP

Stir in 1 cup of chopped nuts or dried fruit into the batter. Makes 14 to 16 muffins.



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Baking is about making something special, and trusting that it'll turn out every time. That's why we craft our mixes using tried-and-true, favorite recipes that we've perfected over the years — it's what makes our mixes so good.

We're bakers, too! Our 100% employee-owned company has been an expert resource for bakers everywhere for over 225 years. We're all about making your kitchens better and happier with top-quality baking essentials.

BAKER'S HOTLINE. WE'RE HERE TO HELP.

Call or chat online with our friendly, experienced bakers.
855-371-BAKE (2253)
KingArthurBaking.com/bakers-hotline

100% EMPLOYEE-OWNED. 100% COMMITTED TO QUALITY.



We're committed to using the power of business as a force for social and environmental good.



Sourced non-GMO. Learn more at KingArthurBaking.com/non-gmo

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Nutrition Facts

12 servings per container
Serving size 1/4 cup mix (35g)

	Mix		Prepared	
	Amount	% Daily Value*	Amount	% Daily Value*
Calories	140		240	
Total Fat	2.5g	3%	13g	17%
Saturated Fat	0g	0%	1.5g	8%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	35mg	12%
Sodium	240mg	10%	260mg	11%
Total Carbohydrate	26g	9%	27g	10%
Dietary Fiber	2g	7%	2g	7%
Total Sugars	10g		11g	
Incl. Added Sugars	9g	18%	9g	18%
Protein	3g		5g	
Vitamin D	0mcg	0%	0.4mcg	2%
Calcium	90mg	6%	120mg	10%
Iron	0.8mg	4%	1mg	6%
Potassium	100mg	2%	140mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: King Arthur White Whole Wheat Flour, King Arthur Unbleached Flour (wheat flour, malted barley flour), Cane Sugar, Oat Flour, Maple Sugar, Pecans, Wheat Starch, Buttermilk, Baking Powder (monocalcium phosphate, baking soda, cornstarch), Natural Flavor, Sea Salt.

CONTAINS: Milk, Wheat, Pecans.

KING ARTHUR BAKING COMPANY, INC.
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DO NOT EAT RAW MIX, DOUGH, OR BATTER.

Produced on equipment that also processes eggs, soy, almonds, hazelnuts, walnuts, and coconut.

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