

> 100% EMPLOYEE OWNED



# GLUTEN-FREE BREAD FLOUR



**1:1 SUBSTITUTE**  
SEE BAKER'S TIPS  
ON BACK

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**GREAT FOR**  
**SOURDOUGH**  
**SWEET BREADS**  
**& ROLLS**

NET WT 32 OZ (2 LBS) 907g



## HOW TO BAKE WITH IT

As if by magic, all your favorite breads can be made gluten-free with this versatile flour.

- Enjoy gluten-free versions of classic yeasted recipes like sourdough boules, bagels, cinnamon rolls, and burger buns. For baker-tested recipes using this flour, visit [BakeWith.Us/GlutenFreeBread](http://BakeWith.Us/GlutenFreeBread)
- Substitute this flour 1:1 (by volume or weight) in bread recipes that call for wheat flour. Add 2 to 3 tablespoons more liquid per cup of flour used in your recipe.
- Mix dry ingredients with liquids and rest dough for 20 minutes before kneading. This method (autolyse) makes dough firmer and easier to handle.
- Dough made with Gluten-Free Bread Flour will rise about 50% faster than usual. Preheat your oven early and bake for longer; add an extra 5 to 15 minutes depending on the bread.

## GLUTEN-FREE DUTCH-OVEN ARTISAN BREAD

MAKES 1 LOAF

### YOU'LL NEED

#### STARTER

- $\frac{3}{4}$  CUP (170g) WATER, LUKEWARM (100°F)
- $\frac{1}{4}$  TEASPOON ACTIVE DRY OR INSTANT YEAST
- $\frac{3}{4}$  CUP (90g) KING ARTHUR GLUTEN-FREE BREAD FLOUR

#### DOUGH

- ALL THE STARTER (FROM LEFT)
- $\frac{3}{4}$  CUP (170g) WATER, LUKEWARM (100°F)
- $\frac{1}{2}$  TEASPOON ACTIVE DRY OR INSTANT YEAST
- 2 TEASPOONS GRANULATED SUGAR
- $1\frac{3}{4}$  CUPS (210g) KING ARTHUR GLUTEN-FREE BREAD FLOUR
- 1 TEASPOON SALT

### DIRECTIONS

- MIX** starter ingredients until combined; some lumps are OK. Cover and set aside for 2 to 24 hours, at room temperature.
- COMBINE** dough ingredients and mix until smooth and sticky. If mixing by hand, some lumps are OK. Cover and set aside for 20 minutes.
- FOLD** and press the dough over on itself on an oiled surface, about 5 to 6 times. Cover and let rise for 40 more minutes or until dough is puffy.
- PREHEAT** oven to 450°F with an uncovered Dutch oven inside. Knead 5 to 6 times then loosely shape into a round. Place seam-side up in a floured brotform or towel-lined bowl. Let rise 30 to 45 minutes or until puffy.
- FLIP** onto a piece of parchment; cut slashes (score) the top. Use parchment to lift dough into preheated pot.
- BAKE** for 40 minutes with the lid on, uncover, then continue baking for 20 to 30 minutes more or until deep brown. Cool completely on a rack before slicing.

BEST IF BAKED BY:



### GLUTEN-FREE WHEAT STARCH

This flour contains Gluten-Free Wheat Starch for the taste and texture of traditional bread. To learn more and to discover our favorite recipes and tips, scan the QR code or visit [BakeWith.Us/GlutenFreeBread](http://BakeWith.Us/GlutenFreeBread)

## Nutrition Facts

30 servings per container	
<b>Serving size</b>	<b>1/4 cup (30g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>100</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 30mg	<b>1%</b>
<b>Total Carbohydrate</b> 25g	<b>9%</b>
Dietary Fiber 2g	7%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 2g	
Vitamin D 0mcg	0%
Calcium 6mg	0%
Iron 0mg	0%
Potassium 9mg	0%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Gluten-Free Wheat Starch\*, Corn Starch, Cellulose and Psyllium Fiber Blend, Sorghum Flour, Pea Protein, Xanthan Gum, Enzymes.

**CONTAINS:** Wheat.

#### DISTRIBUTED BY

KING ARTHUR BAKING COMPANY, INC.  
NORWICH, VERMONT 05055  
800-827-6836 | [KingArthurBaking.com](http://KingArthurBaking.com)

\*The wheat starch has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

For information on allergens and cross-contact prevention, visit [KingArthurBaking.com/Allergen-Program](http://KingArthurBaking.com/Allergen-Program)

**DO NOT EAT RAW FLOUR, DOUGH, OR BATTER.**



#### WE'RE HERE TO HELP.

Call or chat online with our friendly, experienced bakers.

**BAKER'S HOTLINE**

855-371-BAKE (2253)  
[KingArthurBaking.com/Bakers-Hotline](http://KingArthurBaking.com/Bakers-Hotline)

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