



# POPOVER MIX

## POPOVERS

MAKES 6 STANDARD POPOVERS OR 12 MUFFIN-SIZED POPOVERS

### YOU'LL NEED

- 3** LARGE EGGS
- 1** TABLESPOON BUTTER, MELTED OR VEGETABLE OIL
- 1½** CUPS WATER, LUKEWARM

### DIRECTIONS

- PREHEAT** oven to 400°F. Heavily grease 12 muffin cups or popover pan.
- WHISK** together eggs, butter or oil, and water. Add mix and beat until smooth. Let rest at room temperature 30 minutes or for up to 3 days in refrigerator. Pour into prepared pan, filling cups ¾ full.
- BAKE** for 34 to 38 minutes, until deep golden brown. It's tempting to check on them, but don't open the oven for the first 30 minutes of baking. Remove from oven, let cool in the pan for 5 minutes, then serve warm.

### MAPLE BUTTER A NEW ENGLAND TREAT:

Mix together 1 stick (8 tablespoons) softened butter with ¼ teaspoon salt and 2 tablespoons maple syrup until smooth. Spread on warm popovers.

### BAKER'S TIP:

Spice it up by adding ½ teaspoon cracked pepper to your batter and then sprinkling tops with a thin layer of grated cheese once in the pan.

For guidelines on baking at high altitude, visit: [BakeWith.Us/Altitude](http://BakeWith.Us/Altitude)



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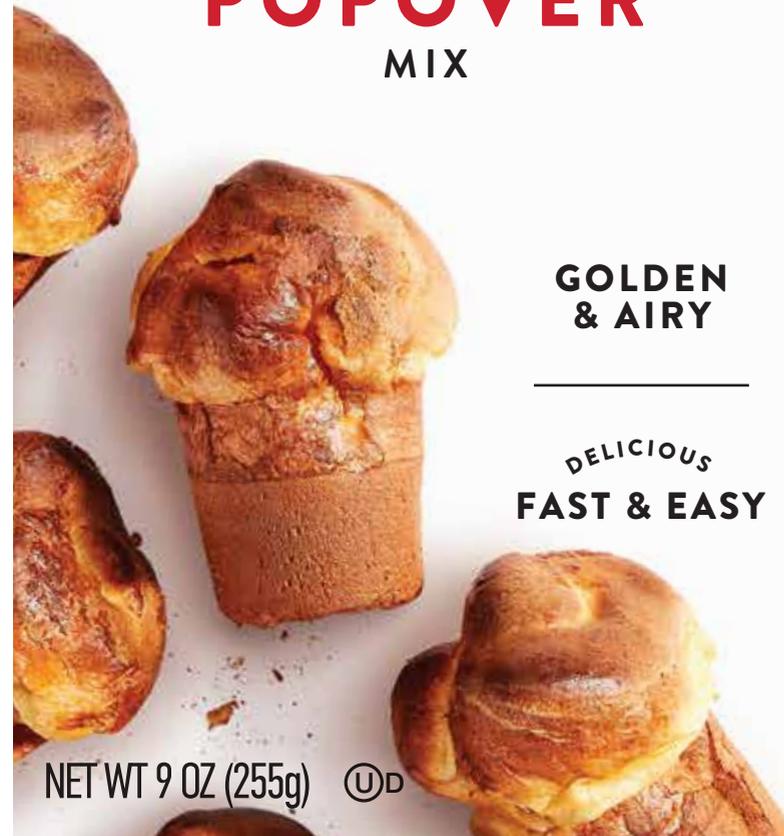


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> 100% EMPLOYEE OWNED



## POPOVER MIX



GOLDEN & AIRY

DELICIOUS  
FAST & EASY

NET WT 9 OZ (255g)

### POPOVER MIX

BEST IF BAKED BY:



[how2recycle.info](http://how2recycle.info)

400802



100% recycled fiber with a minimum of 35% post-consumer content.

### POPOVER MIX

## Nutrition Facts

12 servings per container  
Serving size 3 tbsps mix (21g)

	Mix	Prepared
<b>Calories</b>	<b>80</b>	<b>100</b>
	% Daily Value*	% Daily Value*
Total Fat	0g 0%	2.5g 3%
Saturated Fat	0g 0%	1g 5%
Trans Fat	0g	0g
Cholesterol	0mg 0%	50mg 17%
Sodium	120mg 5%	140mg 6%
Total Carbohydrate	15g 5%	15g 5%
Dietary Fiber	0g 0%	0g 0%
Total Sugars	2g	2g
Incl. Added Sugars	0g 0%	0g 0%
Protein	3g	5g
Vitamin D	0mcg 0%	0.3mcg 2%
Calcium	50mg 4%	60mg 4%
Iron	0.2mg 2%	0.4mg 2%
Potassium	90mg 2%	100mg 2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** KING ARTHUR UNBLEACHED FLOUR (WHEAT FLOUR, ENZYME), NONFAT MILK, SEA SALT, NATURAL FLAVOR.

**CONTAINS:** MILK, WHEAT.

**DISTRIBUTED BY**  
KING ARTHUR BAKING COMPANY, INC.  
NORWICH, VERMONT 05055  
800-827-6836 | [KingArthurBaking.com](http://KingArthurBaking.com)

For information on allergens and cross-contact prevention, visit: [KingArthurBaking.com/Allergen-Program](http://KingArthurBaking.com/Allergen-Program)

**DO NOT EAT RAW MIX, DOUGH, OR BATTER.**