# Seeded Hamburger Buns

# **YIELD: 6 LARGE BUNS**

In these soft buns, a savory mix of seeds and spices adds flavor to the dough and crunch to the topping.

## INGREDIENTS -

#### DOUGH

2 % cups (330g) King Arthur Unbleached All-Purpose Flour % cup (170g) water, lukewarm

1 large egg

2 tablespoons (28g) butter, room temperature

2 tablespoons (25g) granulated sugar

2 tablespoons (18g) The Works Bread Topping

2 teaspoons (6g) SAF Red Instant Yeast

1 teaspoon (6q) table salt

1 teaspoon (2g) onion powder, optional

## TOPPING

1 large egg white, lightly beaten (egg wash) 1 tablespoon (9g) The Works Bread Topping

## INSTRUCTIONS

- 1. Weigh your flour; or measure it by gently spooning it into a cup, then sweeping off any excess.
- In a stand mixer fitted with dough hook, mix all dough ingredients until a shaggy dough forms (it will be quite sticky), 1-2 minutes.
- 3. Cover and let dough rest for 1 hour, until almost doubled in size.
- 4. Gently deflate dough and transfer to a lightly greased surface. Divide into 6 pieces (about 100g each).
- Roll each piece into a ball and transfer to a lightly greased Hamburger Bun and Mini Pie Pan; flatten gently. Cover and let rise until doubled in size, 1-1½ hours.
- 6. Toward end of rising time, preheat oven to 375°F with a rack in center.
- 7. Bake buns for 10 minutes. Remove from oven, brush with egg wash, and sprinkle with Bread Topping; work quickly so topping sticks.
- 8. Return buns to oven and bake for 5-8 minutes more, until light golden brown. Transfer buns from pan onto a wire rack to cool completely.



## **HAMBURGER BUN & MINI PIE PAN**

Your burger buns will look professionally made; this pan gives just the right support and shape. Makes six big 4" buns. #213824 **\$23.95** 

