

Frozen Fudge Brownie Bars

YIELD: 16 SANDWICHES

Combine our beloved Fudge Brownie Mix and convenient Instant Chocolate Mousse into decadent ice cream sandwiches.

INGREDIENTS

1 box (510g) All-American Fudge Brownie Mix ¹/_s cup (66g) vegetable oil ¹/₄ cup (57g) water, hot 2 large eggs 2 cups (454g) heavy cream 1 teaspoon pure vanilla extract 2 tablespoons (25g) granulated sugar 1¹/₂ cups (168g) King Arthur Sweet Ground Chocolate Supernatural Chocolate Sprinkles, optional

INSTRUCTIONS

- 1. Preheat the oven to 325°F. Lightly spray a 13" x 18" baking sheet with nonstick spray, then line with parchment. Lightly spray the parchment.
- In a large bowl, whisk together the oil, water, and eggs. Add the brownie mix and whisk vigorously until shiny. Spread the batter evenly into the prepared pan.
- 3. Bake for 12 to 15 minutes, until set. A toothpick or thin knife inserted into the center will have a few moist crumbs. Let the brownies cool completely, about 40 minutes.

- 4. When the brownies are cool, make the filling: In a large bowl or the bowl of a stand mixer fitted with the whisk attachment, whisk together the cream and vanilla in a large bowl. Add the sugar and whisk until medium peaks form. Using a flexible spatula, fold in the ground chocolate until fully incorporated.
- 5. To assemble the bars, place a piece of parchment over the brownies, then a cutting board on top. Invert the brownies onto the parchmentlined board, then slice them in half crosswise, through the parchment, to make two 9" x 13" rectangles. Set aside. Use the parchment to return one brownie rectangle to the baking sheet and spread the mousse into an even layer on top.
- 6. Use the parchment to place the other brownie rectangle on top, pressing lightly to make a sandwich.
- 7. Wrap the pan in plastic or your favorite reusable wrap and freeze until the mousse is firm, at least 5 hours. Slice the frozen bars into 16 sandwiches. If desired, dip one side of each ice cream sandwich into chocolate sprinkles before serving. Store frozen for up to 1 month.



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